

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of delicious cereals and wholemeal toast.	A selection of delicious cereals and wholemeal toast.	A selection of delicious cereals and wholemeal toast.	A selection of delicious cereals and wholemeal toast.	A selection of delicious cereals and wholemeal toast.
Morning snack	Yoghurt covered rice cakes and a selection of seasonal fruit.	Malt loaf and a selection of seasonal fruit.	Wholegrain Rice cakes and a selection of seasonal fruit.	Breadsticks and a selection of seasonal fruit.	Crackers with butter and a selection of seasonal fruit.
Lunch	Pork sausages with creamy mashed potatoes served with seasonal vegetables and rich gravy.	Quorn bolognaise served with penne pasta and seasonal vegetables.	Pork and beef meatloaf with creamy mashed potatoes, seasonal vegetables and a beef jus.	Homemade sausage rolls served with a choice of potato fries or mashed potatoes with baked beans.	Breaded fish fingers served with chipped potatoes and garden peas.
Vegetarian option	Quorn sausages with creamy mashed potatoes served with seasonal vegetables and vegetable gravy.		Quorn loaf with creamy mashed potatoes, seasonal vegetables and a vegetable jus.	Homemade cheese and potato rolls served with a choice of potato fries or mashed potatoes with baked beans.	
Dessert	Coconut sponge served with vanilla custard.	Rich warm chocolate brownie served with a vanilla custard.	Poached pears with a crumble topping served with vanilla custard.	Sponge flavoured with vanilla and served with a vanilla custard.	Whipped strawberry mousse.
Afternoon Tea	Sardines in a tomato sauce served with crackers, salad and a selection of seasonal fruit.	Cheddar cheese sandwich on wholemeal bread served with salad and seasonal fruit.	Roasted ham wraps served with salad and juicy raisins.	Cheddar cheese sticks served with wholemeal bread and butter, salad and seasonal fruit.	Mini sausages served with wholemeal bread and butter with salad followed by creamy fromage frais.